



Packing list South-East Asia



Crossbody bag

Travel Documents

- Passport
- Insurance card
- Vaccination proof/yellow card
- Boarding pass
- Wallet
 - Credit card
 - Debit card
 - Cash (Notes of 50 euro or higher for best exchange rate)

Tip: Put your important documents in a ziplockbag so prevent them from getting wet!

- TSA lock for on your bag



Carry-on/Daypack

Tech-bag

- Phone charger
- Camera/Drone + char
- Travel adapter
- Headphones
- Powerbank

Toiletry bag

- Moisturizing day cream
- Lip balm
- Travel toothbrush + toothpaste
- Handsanitizer
- Medicines
 - Advil
 - Personal medicines

Something for during the flight

- Pack of cards
- Lonely planet
- Mobile phone equipped with games/movies downloaded
- Sleeping mask
- Travel pillow
- Snacks

After the flight

- Sunglasses
- Pyjama + underwear
- Roll of toilet paper
- Pen/pencil in case you have to fill in a form



Backpack/Check-in

Toiletry bag

- Deodorant
- Hairbrush and elastics
- Q-tips

Clothing

- 10x Underwear/bras
- 10x Socks
- 2x Long lightweight pants

- Sunscreen and Aftersun
- Shaving cream and razor
- Nailclippers
- Pincet
- Travel sized shampoo/conditioner/soap
- Make-up
- Menstrual products

First Aid Kit

- Woundspray
- DEET and musquito balm
- Malaria pills
- Advil
- Personal medication
- Constipation/Obstipation medication
- Travelsickness medication
- Band-aids and blisterplasters
- Face mask (Handy when your heading to places with lots of dust)

Swimming

- Swimsuit/Bikini
- Watershoes/flipflops
- Water resistant phone case
- Microfiber towel

- 2x Skirts or Shorts
- 5x T-shirts or tops
- 1x Lightweight longsleeve
- 1x Sweater
- 1x Sneakers
- Sarong or scarf

Tip: Use packing cubes to organize everything + a bag for dirty laundry.

Hiking gear

- Headlamp
- Hiking boots + socks
- Fleece jacket
- Cap
- Afritsbroek
- Waterbottle
- Raincoat
- Trekking poles

Optional

- Extenstion cable
- Selfie-stick/tripod
- Carabine